

PATIENT INSTRUCTIONS SEMEN ANALYSIS COLLECTION

Sample Collection

- Refrain from sexual activity (including masturbation) for 48 hours prior to the planned date of collection. Abstinence should be no longer than 7 days prior to the collection.
- Wash and dry hands and genitals.
- Collect entire semen emission using masturbation into the sterile collection container provided.
 - Do not use a sheath or condom for collection as this can decrease sperm activity and viability and will thus invalidate the results.
 - Do not collect the specimen via *coitus interruptus* since the first portion of the ejaculate contains the highest concentration of spermatozoa and this method jeopardizes collection of this portion.
- Record your name, date of birth, date and time of collection on the label. Record your partner's name also.

Delivery

- The sample must be delivered to the laboratory as soon as possible after collection. Specimens must be received at the testing laboratory (Tacoma General or Allenmore Hospital) within one hour of collection. (Samples may be collected on-site at one of the locations below if the transport time is a concern.)
- Ensure that sample temperature is maintained at room temperature or body temperature (by carrying near the body). Samples must not be refrigerated or artificially heated.
- Drop the specimen off at one of the following locations:

Tacoma General Hospital Lab (253-403-1187)	Allenmore Hospital Lab (253-459-6336)
305 MLK Jr. Way, 4 th Floor, L wing	1901 S. Union
Mon-Fri 7am – 2pm	Mon-Fri 7:30am – 4pm

Test Information

Patient Name: _____ DOB: _____
Last First MI

Spouse/Partner Name: _____ Physician: _____
Last First MI

(The following information will assist your physician in interpreting the results)

Date of Collection: _____ Time of Collection: _____ Time of Delivery: _____

Have you had a vasectomy? Yes / No Date: ___/___/___

How long has in been since you've had sexual activity: < 1day 2-5 days
 6 days >7 days

Was the entire sample collected? Yes / No

Container supplied by: Laboratory Physician Other _____

Were any problems encountered during specimen transport? Yes / No

Please describe: _____