Center for Childhood Safety

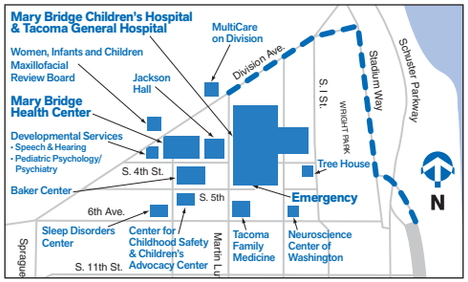
In the early 1980's, Mary Bridge Children's Hospital started a small program offering short-term "loaner" car seats. By 1993, the program had expanded and was the new "Center for Childhood Safety". Today, the hospital and community look to our health educators as leading local experts in the prevention of accidental childhood injury.

Accidental injuries are the biggest risk our children face. Injuries sustained during *travel* (car / bike crashes, pedestrian accidents), *recreation* (swimming, skateboarding, sports, water and snow activities), and in the *home* (falls, poisonings, fire, suffocation and choking) are the **leading cause of death for children.** And up to 90% of these accidental injuries are **preventable.**

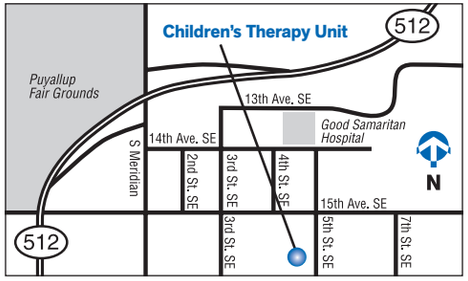
We offer:

- car safety seat inspections
- custom helmet fitting
- life jacket loaners
- community safety programs
- educational materials and displays
- phone consultation
- staff training
- in-patient hospital consultation services *(for Mary Bridge and Tacoma General)*

For more information visit our website www.multicare.org/childhoodsafety or call 253.403.1234.



Safe and Sound Building
1112 South 5th Street, Tacoma



Children's Therapy Unit
402 15th Avenue SE, Puyallup

Allenmore Hospital
Good Samaritan Hospital
Mary Bridge Children's Hospital & Health Center
Tacoma General Hospital
MultiCare Clinics

MultiCare
BetterConnected

multicare.org

©2009 MultiCare 87-9832-2 (8/11)

Center for Childhood Safety

Keeping kids safe at home, at play and on your way

multicare.org/childhoodsafety

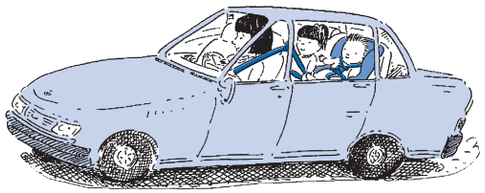
MultiCare
Mary Bridge Children's Hospital & Health Center

Center for Childhood Safety

Car Safety Seats

DID YOU KNOW...?

- Car crashes are the leading cause of injury-related death for children.
- A properly installed car seat reduces the risk of fatal injury by up to 71%.
- 80-90% of parents use their car seat incorrectly.
- Washington law requires you to restrain your child correctly for travel.



Child Passenger Safety Technicians are available at the following locations to inspect your car seat and teach you how to use it correctly. Please bring your car seat instructions and vehicle owner's manual.

Mary Bridge Children's Hospital
Safe and Sound Building
1112 S. 5th Street, Tacoma
- Tuesdays 9 – 10:30am
- No appointment necessary
- For holiday or weather-related closures call 253.403.1417

Good Samaritan Hospital
Children's Therapy Unit
402 15th Avenue S.E., Puyallup
- By appointment only
- Call 253.403.1417

If you have questions about car seats, or would like to be referred to other car seat fitting stations in your area, call the Mary Bridge Car Seat Helpline: 253.403.1417.

Helmets & Life Jackets

From biking and skateboarding, to water and snow sports – our community offers countless opportunities for outdoor fun and recreation. But many children are seriously or fatally injured while participating in these types of activities each year, so make sure the entire family is geared up before heading for the water, mountains, bike trail, or skate park.

Need help with fitting your **own** helmet? Or need to borrow a short-term life jacket loaner? These services are available by appointment at our Tacoma office.

Mary Bridge Children's Hospital
Safe and Sound Building
1112 S. 5th Street, Tacoma
- Helmet fitting only – *no sales*
- Free life jacket loaners
- By appointment only
- Call 253.403.1234

Safe Kids Coalitions

Mary Bridge Children's Hospital is a proud member organization of Safe Kids Pierce and South King Counties.

The mission of Safe Kids is to reduce accidental injuries, the leading cause of death for children under age 14. These coalitions bring together representatives from local hospitals, health departments, fire departments, law enforcement, and other community organizations committed to child safety.

Car Seat inspection events are offered throughout the community, and members actively participate in such annual events as Safe Kids Week, National Child Passenger Safety Week, International Walk to School Day, April Pools Day, and Summer Splashtacular.

Safe Kids Pierce County

Safe Kids Pierce County
253.403.KIDS
Car seat event line
www.safekidspiercecounty.org
safekidspierce@gmail.com

Safe Kids King County – South

Safe Kids King County – South
253.372.7777
Car seat event line
www.safekidskingcountysouth.org
coordinator@safekidskingcountysouth.org