

CANCER SUPPORT GROUPS

GROUP NAME	LOCATION	WHEN	CONTACT
For the MHS Patients: Individual, family and caregiver counseling		By appointment	Cathy Hanson 253-403-1463
Breast Cancer: Sisters of Hope Support Group for Women of Color Therapeutic Support Group	Breast Cancer Resource Center 4002 S. 12 th St., Tacoma, (1 block west of Proctor) No charge	1 st Monday at 6:30 pm 1 st & 3 rd Mondays at 5 pm	Breast Cancer Resource Center 253-752-4222
Breast Cancer Support Group	Women's Health Center at St. Francis, Federal Way	1 st & 3 rd Wednesday of each month from 6:30 pm to 8 pm	Registration 253-944-4025
"Knit for Life" Support Group. A free knitting support group for all cancer patients, family members and caregivers	St. Joseph Medical Center, Tacoma Room 10-B-8	Meets the 1 st & 3 rd Wednesday of each month from 1 pm to 3 pm	253-426-6746
General Cancer Support Group (for cancer patients and their families)	St. Francis Hospital Radiation Oncology (Garden Level) waiting room	Meets the 3 rd Friday of each month from 1pm to 2 pm. There is no cost or registration necessary	
Ladies in Pink: Breast Cancer Support Group	Dinner meetings at various area restaurants	1 st Wednesday of the month at 6 pm	Iola Brown 253-474-9396
Cancer Support Groups for patients and adult family members sponsored by Good Samaritan Hospital	Puyallup United Methodist Church 1919 W. Pioneer Ave	1 st Thursday of the month 1-3:30 pm	Sally Drescher, Social Work 253-697-4863
Cancer Support Groups for patients and adult family members sponsored by Good Samaritan Hospital	Christ the King Lutheran Church 245 Valley Avenue, Sumner, WA 98390	3 rd Thursday of the month from 1-2:30	Sally Drescher, Social Work 253-697-4863
Puyallup: (Sponsored by Good Samaritan Hospital) Women's Cancer Support Group for patients, caregivers and support team	Valley Plaza-Good Samaritan Community Healthcare Conference Room, 1317 E. Main Ave. Puyallup	2 nd Tuesday 6:30 – 8:30	Sally
Madigan Cancer Wellness Network	Madigan Army Medical Center. 4 South Conference Rm	1 st and 3 rd Tuesdays 10-11 am	Patty Berke 253-968-2505 Option 6
Man to Man (Tacoma) Prostate Cancer Support Group	American Cancer Society 1551 Broadway, Suite 600, Tacoma	4 th Tuesday, 7-9 pm	Bill Weatherby 253-475-1833
Classes for patients, families and	Tacoma General Hospital	2 nd Monday quarterly:	Call 253-403-1040

caregivers, including causes, treatment and prevention of lymphedema		April, July, October and January	
Good Samaritan Hospital Caregiver Support Group	Good Samaritan Health Building, Room C113, 325 E. Pioneer Ave. Puyallup	2 nd Monday 1:30 to 3 pm	Kathy McCormick 253-848-5571
Pediatric Cancer Caregiver Support Group	Mary Bridge Health Center Mary Bridge Conference Room	3 rd Monday, 6-7 pm	Mary Lee 253-403-4698
DISCOVERIES For children coping with the serious illness of a parent, sibling or grandparent	BRIDGES: A center for Grieving Children 310 N. K St. Tacoma	Call for times	253-272-8266
St. Joseph Hospital Caregiver Support Group	St. Joseph Medical Center 1718 S. I St., Tacoma, South Pavilion, 3 rd floor conference room	2 nd Tuesday, 11-12pm	Cynthia Lorch 253-426-6935
I CAN COPE Educational Program	Location rotates between hospitals	Topics include diagnosis, treatment, coping, and personal care issues	American Cancer Society 1-800-729-5588, option 3
FOCUS ON HEALING Cancer patients (gentle) dance movement specifically designed to address concerns of lymphedema	Valley Plaza-Good Samaritan Community Healthcare Conference Rm 1317 E. Main Ave. in Puyallup (enter at the rear of the west end of the building)	Monday s, 5:15 – 6:15 pm	Sally for general information: Deb Makin – registration 253-862-8685
Tai Chi	Sumner Senior Center 15506 62 nd St. Court East, Sumner	Tuesdays and Thursday s 8:30-9:30 am Friday s 2-3 pm No charge	David Lettich 253-863-2594 or call Sumner Senior Center 253-863-2910