

## GASTROSCOPY (EGD/EUS) INSTRUCTIONS

**YOUR PROCEDURE HAS BEEN SCHEDULED:** \_\_\_\_\_ at \_\_\_\_\_ A.M. / P.M.

- Nothing to eat after midnight prior to your procedure. No salads, seeds, nuts or popcorn 3 days prior to procedure.
- No Plavix medication 3 days prior to procedure! Coumadin/Warfarin blood thinning medication **MUST** be stopped according to your Anticoagulation Clinic or Primary Care Physician. Please call them to ask.
- On procedure day, no diabetic medication.
- No food or liquids the day of your procedure! Only sips of water allowed for morning medications.
- Please bring your insurance card.
- This is a sedated procedure and you will be unable to drive legally until the following day.

**You must have someone over 18 to drive you home.**

If you do not have someone to sign you out and drive you home, we will need to reschedule your appointment. No bus or taxis.

- PLEASE SEE ENCLOSED MAP FOR LOCATION INFORMATION.

**If you have any questions, please call our office at (509) 755-5220.**