

## Questions?

Please contact the GI/Pulmonary Center if you have questions regarding your prep or your scheduled procedure. Please notify us if you need to cancel your procedure for any reason. We request 48 hours notice for rescheduling procedures.

### These instructions are provided for:

Patient Name: \_\_\_\_\_

Date of Procedure: \_\_\_\_\_

Time of Procedure: \_\_\_\_\_

Please arrive at the Deaconess GI/Pulmonary Center no later than: \_\_\_\_\_ a.m. / p.m.

Procedure instructions included for:

- EGD
- Colonoscopy
- ERCP
- EUS

## Preparing for Your Procedure at the GI/Pulmonary Center

**Deaconess Hospital**  
**GI / Pulmonary Center**  
Deaconess Health & Education Center  
910 W. Fifth Avenue, Suite 500  
Spokane, WA 99204  
509.473.4877



Thank you for choosing Deaconess Hospital for your upcoming procedure. Included in this mailing are specific instructions for your procedure, **please read these at least three days before your procedure to be sure you understand them and are prepared with any questions for the nurse who calls you.**

## After Scheduling Your Procedure

After you schedule your procedure at Deaconess Hospital's GI/Pulmonary Center, you can expect to receive the following:

- A pre-registration phone call from the Deaconess registrar covering insurance and payment information.
- A pre-procedure phone call from a Deaconess GI/Pulmonary Center nurse.
  - » You will be asked questions about your health history.
  - » Instructions for procedure will be clarified and questions answered.

If you have not received a phone call from a nurse three days before your procedure, please call the Deaconess GI/Pulmonary Center at (509) 473-4877.

## Preparation for Your GI Procedure

These guidelines are intended for your comfort and safety. Failure to follow with these important instructions could cause your procedure to be postponed or cancelled.

## Prior to Day of Your Procedure

Arrange for an adult to accompany you to the Center and stay with you for the duration of your stay at the hospital if possible. We prefer your ride remain at the hospital for the duration of your stay.

## Arrange for an adult to drive you home for your own safety. You will not be allowed to drive.

You will be receiving sedation which can make you forget large portions of your day. For your safety, please arrange for a responsible person to be with you the first 24 hours after your procedure.

Lab work may be required the day of your procedure if you are on certain medications. If possible, these will be drawn at the same time your IV is started.

## If you have any health changes between now and the day of your procedure, notify your doctor. Please report even minor changes such as an elevated temperature, cough or cold.

## Hours Before Procedure

Refrain from smoking after 6 p.m. the day before your procedure.

Do not drink any fluids for two hours before your procedure is scheduled to start.

Bathe or shower with an antibacterial soap and brush your teeth (taking care not to swallow any water) the morning of your procedure.

Remove all jewelry and body piercings prior to your arrival. Please leave all valuables at home. We also suggest you wear casual, loose-fitting clothes. During your procedure, you will wear a patient gown provided by our facility.

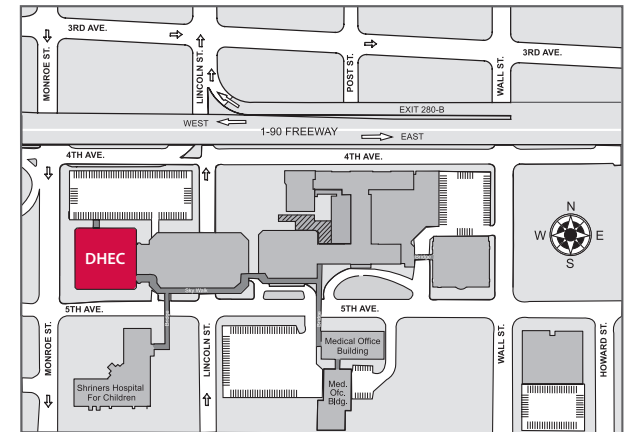
Please bring your picture ID, insurance card and a method for payment for any copays/deductibles or other balances due at the time of service.

## Where to Find Us

The Deaconess GI/Pulmonary Center is located on the 5th floor of the Deaconess Health and Education Center (DHEC), which is located between Lincoln Street and Monroe Street at 910 W. Fifth Avenue.

On the day of your appointment at the GI/Pulmonary Center, enter the DHEC parking garage from the Fifth Avenue entrance. Your driver should drop you off in the Patient Drop-Off area of the parking garage and then proceed to park. Parking for patients and visitors is free in the DHEC garage.

Upon parking, proceed to admitting for check-in and registration on the 2nd floor of the DHEC. After checking in with admitting, you will be directed to take the elevators to the 5th floor, Suite 500 for the GI/Pulmonary Center.



### DIRECTIONS TO THE GI/PULMONARY CENTER:

**Westbound I-90:** Take the Lincoln exit (280B) and continue on Lincoln to Second Avenue. Turn left on Second Avenue and then an immediate left on Monroe Street. Take Monroe south to Fifth Avenue and turn left. DHEC will be on the left.

**Eastbound I-90:** Take the Maple/Lincoln exit (280) and keep right to stay on Fourth Avenue. Turn right on Monroe Street and left onto Fifth Avenue. DHEC will be on the left.