

After Your Surgery

If you are having lower extremity surgery that will necessitate the use of crutches or a walker after the procedure, please arrange to have these for after surgery. We do not provide post-operative equipment for same-day/outpatient surgeries. Please discuss this with your provider prior to surgery. If you currently don't have equipment, and will be staying overnight, therapy services will assist you in getting proper equipment.

If you are an out-of-town patient, we will be happy to provide you with a directory of nearby hotels for relatives or friends. Please call (509) 473-7772.

Walgreen's Pharmacy is a convenient option for your discharge prescriptions located on the 2nd floor of DHEC. Please remember to bring your prescription insurance card because discharge prescriptions cannot be added to your hospital bill. Please call (509) 624-3350 with any questions regarding your medications.

Outpatient therapy services are available at the Rockwood Physical Therapy Centers. Their staff of physical therapists, occupational therapists, massage therapists, certified athletic trainers, physical therapist assistants, and exercise specialists provide comprehensive rehabilitation, wellness, sports medicine, and fitness services. To schedule an appointment, please call (509) 342-3845.

Possible Patient Charges

Patients having surgery at Deaconess Hospital may receive charges from the following:

- Deaconess Hospital
- Your surgeon's office
- Other providers, such as Radiology and Anesthesiology services

The charges are for the facility and supplies used during your surgery or for care provided. If you have questions about your hospital bill, please call (866) 236-8973. Other providers may be included and can be reached at (888) 900-3788 (Anesthesia Associates), (877) 997-2342 (Radia-Radiology), and (509) 252-6652 (Pathology).

Preparing for Your Surgery

Deaconess Hospital Surgery Center

Deaconess Health & Education Center
910 W. Fifth Avenue
Spokane, WA 99204
509.458.5800



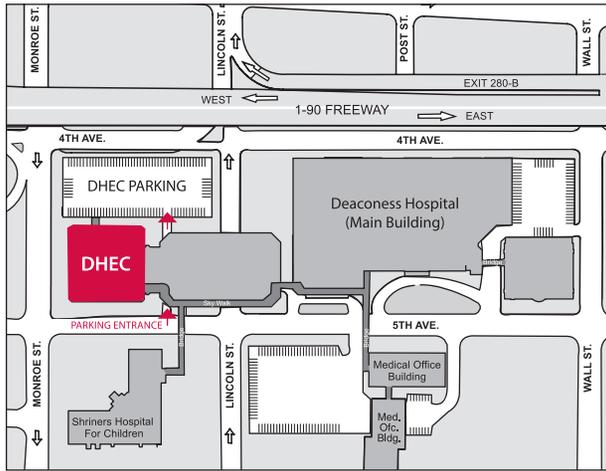
Deaconess Hospital
ROCKWOOD HEALTH SYSTEM*

We look forward to taking care of you during your stay at Deaconess Hospital. Please read through this brochure to prepare for your upcoming surgery.

Where to Find Us

The Surgery Center is located on the 4th floor of the Deaconess Health and Education Building (DHEC), which is located on Fifth Avenue across from Shriners Hospital. The driveway to our parking garage is located under the skywalk, which connects DHEC to the Shriners Hospital.

On the day of surgery, you will first check in at the registration/admitting office located on the street level floor of DHEC (2nd floor), next to the elevators. Parking for surgery patients is free in the attached parking garage. Please have your driver park in the garage and bring in the ticket so it can be validated.



DIRECTIONS TO THE SURGERY CENTER (4th Floor):

Westbound I-90: Take the Lincoln exit (280B) and continue on Lincoln to Second Avenue. Turn left on Second Avenue and then an immediate left on Monroe Street. Take Monroe south to Fifth Avenue and turn left. DHEC will be on the left.

Eastbound I-90: Take the Maple/Lincoln exit (280) and keep right to stay on Fourth Avenue. Turn right on Monroe Street and left onto Fifth Avenue. DHEC will be on the left.

What to Expect

You can expect a call from our pre-registration for anesthesia within a week of your surgery date. If you have any questions about Deaconess Hospital billing or payments, please contact our financial counselor Monday through Friday at (509) 473-7116.

Do not eat or drink anything after midnight on the night prior to your surgery, including water, gum, candy, breath mints, or chewing tobacco. Do not smoke or drink alcoholic beverages 24 hours before your procedure.

Please follow instructions regarding medicine changes that your nurse or doctor has instructed you to change prior to surgery.

Please leave your valuables at home except for driver's license, medical and prescription insurance cards, and the payment for your hospital deductible or co-payment.

Wear comfortable, casual clothing that can be folded and placed in a bag. We will provide a gown, robe, and slippers for you to wear during your stay.

If you wear glasses, contact lenses, dentures or removable bridges, they need to be removed prior to surgery, so please bring your carrying case.

You might ask a family member or friend to bring your personal belongings after your surgery is completed.

You will meet with the anesthesiologist and your surgeon the day of your surgery. If you have questions, please write them down and bring them with you.

Parents or guardians of children under the age of 18 must be present to sign hospital consent forms and be present throughout the child's stay for outpatient procedures. Written proof of legal guardianship must be provided at the time of service.

During your surgery, family and friends may wait in one of the surgical waiting areas on the 4th floor where your surgeon will find them after the procedure. If you have any questions regarding where they should wait, please ask the front desk. We also have a café located on the first floor in the main hospital and vending machines for your convenience.

Please Bring With You:

1. Any papers from your doctor's office pertaining to your procedure.
2. Insurance cards or other paperwork pertaining to medical coverage.
3. A copy of your Advanced Directives (Living Will, Durable Power of Attorney for healthcare). Please call Deaconess Social Services at (509) 473-7163 for more information.
4. Any deductible or co-payment applicable to your hospital visit.
5. A list of current medication with dosages.
6. A list of drug and food allergies.

Total Joint Replacement Classes

If your upcoming surgery is a partial or total joint replacement or revision (knee or hip), Deaconess offers classes to better prepare you for surgery. Classes are held in the Deaconess Health and Education Building twice a month. Classes are taught by orthopedic nurses and therapy staff. The goal of the class is to prepare you for your upcoming elective surgery and to provide you with information on what to expect. Please call Tammy Doty, Program Coordinator, at (509) 473-7165 for a class schedule and more information.