

Questions?

Please contact the Surgical Assessment Clinic office at (509) 473-5742 if you have questions regarding your prep or your scheduled procedure. Please notify us if you need to cancel your procedure for any reason. We request 48 hours notice for rescheduling procedures.

These instructions are provided for:

Patient Name: _____

Date of Procedure: _____

Time of Procedure: _____

Please arrive at Valley Hospital and check-in at the Outpatient Entrance no later than: _____ a.m. / p.m.

Procedure instructions included for:

- EGD
- Colonoscopy
- ERCP
- EUS

Preparing for Your GI / Pulmonary Procedure

Valley Hospital
12606 E. Mission Avenue
Spokane, WA 99216
509.473.6650



Thank you for choosing Valley Hospital for your upcoming procedure. Included in this mailing are specific instructions for your procedure, **please read these at least three days before your procedure to be sure you understand them and are prepared with any questions for the nurse who calls you.**

After Scheduling Your Procedure

After you schedule your procedure at Valley Hospital, you can expect to receive the following:

- A pre-registration phone call from the Valley Hospital registrar covering insurance and payment information.
- A pre-procedure phone call from a Valley Hospital GI/Pulmonary nurse.
 - » You will be asked questions about your health history.
 - » Instructions for procedure will be clarified and questions answered.

If you have not received a phone call from a nurse three days before your procedure, please call the Surgical Assessment Clinic office at (509) 473-5742.

Preparation for Your GI Procedure

These guidelines are intended for your comfort and safety. Failure to follow with these important instructions could cause your procedure to be postponed or cancelled.

Prior to Day of Your Procedure

Arrange for an adult to accompany you to Valley Hospital and stay with you for the duration of your stay if possible. We prefer your ride remain at the hospital for the duration of your stay.

Arrange for an adult to drive you home for your own safety. You will not be allowed to drive.

You will be receiving sedation which can make you forget large portions of your day. For your safety, please arrange for a responsible person to be with you the first 24 hours after your procedure.

Lab work may be required the day of your procedure if you are on certain medications. If possible, these will be drawn at the same time your IV is started.

If you have any health changes between now and the day of your procedure, notify your doctor. Please report even minor changes such as an elevated temperature, cough or cold.

Hours Before Procedure

Refrain from smoking after 6 p.m. the day before your procedure.

Do not drink any fluids for two hours before your procedure is scheduled to start.

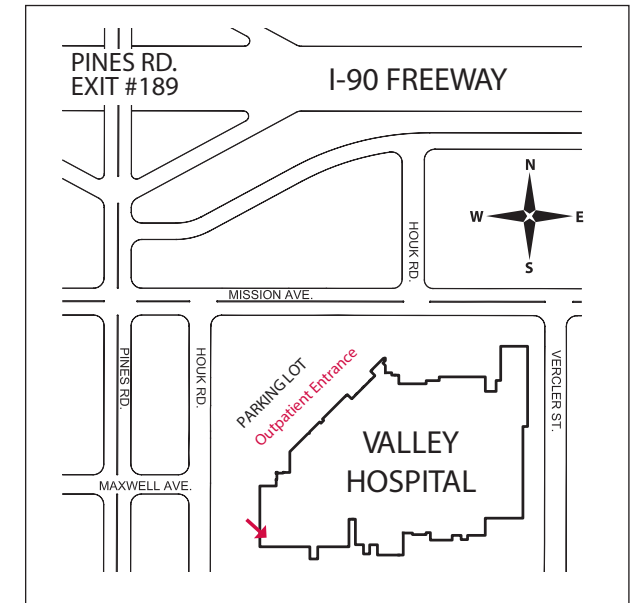
Bathe or shower with an antibacterial soap and brush your teeth (taking care not to swallow any water) the morning of your procedure.

Remove all jewelry and body piercings prior to your arrival. Please leave all valuables at home. We also suggest you wear casual, loose-fitting clothes. During your procedure, you will wear a patient gown provided by our facility.

Please bring your picture ID, insurance card and a method for payment for any copays/deductibles or other balances due at the time of service.

Where to Find Us

On the day of your appointment, park near the south-end of the parking lot and enter the hospital through the Outpatient Entrance. Proceed to the check-in desk to register for your appointment.



DIRECTIONS TO VALLEY HOSPITAL:

Westbound I-90: Take the Pines Road exit (289). Turn left on Mission and take the first right on Houk. Valley Hospital will be on the left. Enter the hospital through the Outpatient Entrance.

Eastbound I-90: Take the Pines Road exit (289) and keep left at the fork. Turn left on to Indiana and left on to Pines Road. Turn left on Mission and take the first right on Houk. Valley Hospital will be on the left. Enter the hospital through the Outpatient Entrance.