

Preparing for Your Surgery

Possible Charges

Patients may receive charges from the following:

- Your surgeon's office
- Valley Hospital
- Other providers, such as radiology and anesthesiology services.

The charges are for the facility and all of the supplies used during your surgery or for care provided. If you have questions about your hospital bill, please call 509.473.5464. You can reach Anesthesia Associates at 888.900.3788, Radiology at 877.997.2342, InCyte Pathology at 509.892.2700 and PAML (Pathology Associates Medical Laboratories) at 509.755.8600.

Valley Hospital

12606 E. Mission Ave
Spokane Valley, WA 99216
509.924.6650

Valley Day Surgery Center

1414 N. Houk Rd
Spokane Valley, WA 99216
509.924.5501

On the day of your surgery, please check in at:

- Valley Hospital
12606 E. Mission Ave.
Spokane Valley, WA 99216
- Valley Day Surgery Center
1414 N. Houk Rd.
Spokane Valley, WA 99216



We look forward to taking care of you during your stay at Valley Hospital. Please read through this brochure to prepare for your upcoming surgery.

How to Prepare

Follow your physician's instructions on when to stop eating and drinking. This includes water, gum, candy, breath mints, or chewing tobacco. Limit smoking as much as possible and do not drink alcoholic beverages 24 hours before your procedure.

Please follow your physician's instructions regarding **medication**.

Please leave your **valuables** at home except for driver's license, medical and prescription insurance cards, and the payment for your hospital deductible or co-payment.

Wear comfortable, casual clothing that can be folded and placed in a bag. We will provide a gown, robe, and slippers for you to wear during your stay.

If you wear glasses, contact lenses, dentures or removable bridges, they need to be removed prior to surgery, so please bring your carrying case. The hospital is not responsible for lost items, so please safeguard them during your stay.

You will meet with the anesthesiologist and your surgeon the day of your surgery. If you have questions, please write them down and bring them with you.

Parents or guardians of children under the age of 18 must be present to sign hospital consent forms and be present throughout the child's stay for outpatient procedures. Written proof of legal guardianship must be provided at the time of service.

During your surgery, family and friends may wait in the waiting area where your surgeon will find them after the procedure. We also have a cafeteria located on the first floor in the main hospital. If you have any questions regarding where they should wait, please ask any staff member.

Please Bring With You:

1. Any papers from your doctor's office pertaining to your procedure.
2. Insurance cards or other work pertaining to medical coverage.
3. A copy of your Advanced Directives (Living Will, Durable Power of Attorney for healthcare). Please call Case Management at 509.473.5950 for more information.
4. Any deductible or co-payment applicable to your procedure.
5. A list of current medication with dosages.
6. A list of drug and food allergies.

After Your Surgery

If you are having lower extremity surgery that will necessitate the use of crutches or a walker after the procedure, please bring these devices with you on the day of surgery. We do not provide post-operative equipment for same-day/outpatient surgeries. Please discuss this with your provider prior to surgery. If you currently don't have equipment, and will be staying overnight, therapy services will assist you in getting proper equipment.

Arrange for an adult to drive you home for your own safety. You will not be allowed to drive. In the case of a child having surgery, it is best to have someone along with the driver to help care for the child on the trip home.

If you are an out-of-town patient, we will be happy to provide you with a directory of nearby hotels for relatives or friends. Please call 509.473.5950.