

**Surgical Weight Loss**

<p><b>CANDIDATES</b> <i>Who can be referred?</i></p>	<p>Patients 18 years or older</p>
<p><b>WORK-UP</b> <i>What is required?</i></p>	<p>All patients must attend an online or in-person bariatric seminar. Information and links can be found at: <a href="http://multicare.org/weight-loss-wellness-bariatric-seminar/">multicare.org/weight-loss-wellness-bariatric-seminar/</a></p>
<p><b>LOCATION</b> <i>Where will the patient be seen?</i></p>	<p>MultiCare Center for Weight Loss &amp; Wellness – Bariatric Surgery  <b>Phone:</b> 253-301-5280  <b>Hours:</b> Monday – Friday from 8am to 5pm  <b>Covington:</b> 17700 SE 272nd St. Ste. 190, Covington, WA 98042  <b>Olympia:</b> 408 Lilly Rd NE, Unit B, Olympia, WA 98506  <b>Tacoma:</b> 2202 S. Cedar, Ste 300, Tacoma, WA 98405</p>
<p><b>SERVICES</b> <i>What clinical services are provided?</i></p>	<p><b>SURGICAL WEIGHT LOSS OPTIONS</b></p> <ul style="list-style-type: none"> <li>• Sleeve Gastrectomy</li> <li>• ROUX-EN-Y Gastric Bypass</li> <li>• Doudenal Switch</li> <li>• Revisional Bariatric Surgery</li> </ul> <p><b>REGISTERED DIETITIANS</b></p> <ul style="list-style-type: none"> <li>• Conduct Pre- and Post-op Nutrition Counseling</li> <li>• Behavioral Counseling</li> </ul> <p><b>PSYCHOLOGIST</b></p> <ul style="list-style-type: none"> <li>• Performs Pre-op Bariatric Psychological Assessments</li> <li>• Behavioral Therapy Counseling</li> </ul> <p><b>LEARN MORE</b> <a href="http://multicare.org/weight-loss-wellness-bariatric-surgery/">multicare.org/weight-loss-wellness-bariatric-surgery/</a></p>
<p><b>COLLABORATION</b> <i>How will we coordinate care for the patient?</i></p>	<p>Our team uses the EPIC electronic health record (EHR).</p> <ul style="list-style-type: none"> <li>• Patient Care Coordinators walk patients through the process of pre-surgery approval and surgical requirements</li> <li>• EPIC physicians are copied on notes related to the patient</li> <li>• For physicians outside EPIC, notes are faxed to your office</li> </ul>
<p><b>REFERRAL</b> <i>How do we refer?</i></p>	<p>Courtesy referrals are preferred for all patients, but patients can also self-refer.</p> <ul style="list-style-type: none"> <li>• Referrals can be placed in EPIC using REF326, then selecting department 32805 (surgical weight loss)</li> <li>• Providers outside EPIC can fax referrals to 253-627-4608</li> </ul> <p>Patients can also self-refer by calling our office at 253-301-5280 or by registering for a seminar at: <a href="http://multicare.org/bariatric-surgery-seminar/">multicare.org/bariatric-surgery-seminar/</a></p>

## TEAM

Meet our surgeons

Meet our full collaborative team, including dietitians, physician assistant and psychologist:  
[multicare.org/weight-loss-wellness-bariatric-team/](http://multicare.org/weight-loss-wellness-bariatric-team/)

James Sebesta, MD  
Medical Director,  
Bariatric Surgery



**Certification:** The American Board of Surgery

**Medical Association Memberships:**

American College of Surgeons and American Society of Metabolic and Bariatric Surgery

**Special Interests:** obesity, gastroesophageal reflux disease, abdominal wall hernias and other gastrointestinal surgical diseases

Kelly S. Blair, MD  
General & Bariatric Surgery



**Certification:** The American Board of Surgery

**Medical Association Memberships:**

American College of Surgeons, American Medical Association and Washington State Medical Society

**Special Interests:** bariatric surgery, minimally invasive surgery/laparoscopic procedures/robotics, GERD/reflux and LINX, hernias and breast cancer

Hanafy M. Hanafy, MD  
General & Bariatric Surgery



**Certification:** The American Board of Surgery and American Board of Obesity Medicine

**Medical Association Memberships:**

American College of Surgeons, American Society of Metabolic and Bariatric Surgery, Royal College of Surgeons of Edinburgh (UK), Society of American Gastrointestinal and Endoscopic Surgeons (SAGES) and the International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO)

**Special Interests:** laparoscopic surgery, weight loss surgery, gastrointestinal surgery and gallbladder surgery

**MultiCare**   
**Center for Weight Loss & Wellness**

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