

Medical Weight Loss

<p><b>CANDIDATES</b> <i>Who can be referred?</i></p>	<p>Adults and patients 16 years or older</p>
<p><b>WORK-UP</b> <i>What is required?</i></p>	<p>There is no formal work up required before the first appointment. Relevant information can be faxed to 253-627-4608.</p>
<p><b>LOCATION</b> <i>Where will the patient be seen?</i></p>	<p>MultiCare Center for Weight Loss &amp; Wellness Primary Location 2202 South Cedar #300, Tacoma, WA 98405 253-301-5280</p> <p>Monday-Friday 8am-5pm</p> <p>Satellite locations 11212 Sunrise Blvd East #201, Puyallup, WA 202 North Division #400, Auburn, WA 4700 Pt. Fosdick Drive NW #201, Gig Harbor, WA 5814 Graham Ave #100, Sumner, WA</p>
<p><b>SERVICES</b> <i>What clinical services are provided?</i></p>	<p><b>MEDICAL WEIGHT LOSS SERVICES WHICH INCLUDE:</b></p> <ul style="list-style-type: none"> <li>• Services with a Board-Certified Bariatrician</li> <li>• Medical nutrition counseling by Registered Dietitians</li> <li>• Behavioral health counseling by licensed and certified counselors</li> </ul> <p><b>LEARN MORE:</b> <a href="http://multicare.org/weight-loss-wellness-medical">multicare.org/weight-loss-wellness-medical</a></p>
<p><b>COLLABORATION</b> <i>How will we coordinate care for the patient?</i></p>	<p>Our team uses the EPIC electronic health record (EHR).</p> <ul style="list-style-type: none"> <li>• EPIC physicians will be copied on notes related to the patient</li> <li>• For physicians outside EPIC, notes will be faxed to you</li> </ul> <p>Our physicians may be contacted at 253-301-5280.</p>
<p><b>REFERRAL</b> <i>How do we refer?</i></p>	<p>Courtesy referrals are preferred for all patients, but patients can also self-refer.</p> <ul style="list-style-type: none"> <li>• EPIC providers can refer by entering order REF325</li> <li>• Providers outside EPIC can fax referrals to 253-627-4608</li> </ul> <p>Patients may self-refer by calling 253-301-5280.</p>

## TEAM

Meet our specialists

Meet our full collaborative team, including dietitians and counselors:  
[multicare.org/weight-loss-wellness-medical-team](http://multicare.org/weight-loss-wellness-medical-team)

Jeffrey Hooper, DO  
Medical Director,  
Medical Weight Loss



### Board Certified: Bariatrician

Dr. Hooper is board-certified in both internal medicine and obesity medicine. He earned his medical degree from Western University of Health Sciences in Pomona, California, and completed his residency in internal medicine at St. Barnabas Hospital & Medical Center in New Jersey.

Dr. Hooper has been helping patients who struggle with obesity and related health issues for nearly a decade.

Karyn Harkins, MD



### Board Certified: Bariatrician

Dr. Harkins is a board-certified obesity medicine specialist, as well as being a board-certified family practice doctor. She earned her medical degree from the University of Washington and completed her residency at Tacoma Family Medicine.

MultiCare 

Weight Loss & Wellness

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