

REGISTRATION

Please register me for the following course:

BEYOND WEIGHT BEARING: DEVELOPING UPPER EXTREMITY FUNCTION IN CHILDREN & ADOLESCENTS

September 19-21, 2019

Cost: Early Bird Rate (by 8/1/19) \$595 Regular Rate \$650

Name _____

Address _____

City _____

State _____ ZIP _____

Phone (h) _____

Profession _____

Workplace _____

Phone (w) _____

E-mail _____

Register online at www.multicare.org/ctuclasses

or Send registration & Payment to

Mary Bridge Children's Therapy

Attn: CTU Education Secretary

402-15th Ave SE, Suite 100

Puyallup, WA 98372

or fax to: 253-697-5145

This class will fill quickly so online registration is suggested to guarantee your spot.

Check (payable to Mary Bridge Children's Therapy)

Visa MasterCard American Express

Discover Purchase order

Card # _____

CVC # _____

Exp. date _____

Signature _____



INSTRUCTOR

Kim Barthel, OTR

Kim Barthel, BMR, OTR, C/NDT is a world-renowned teacher and occupational therapist, actively supporting multi-disciplinary function and healing in many cultures. A pioneer in reinforcing the importance of relationship in

therapy, she is known for blending cutting-edge developments in neuroscience with the art of compassionate inquiry. With 30+ years as an OT, Kim's specialties include Neuro-Developmental Treatment, Sensory Processing, Complex Behavior, Autism, Mental Health, Trauma Informed Practice, and Attachment. To empower personal reflection, she recently co-authored the national best-seller *Conversations with a Rattlesnake* with NHL hockey legend Theo Fleury. Kim's mission is to support the conscious evolution of the human spirit.

Kim has had a vast experience in working with children since 1984. She is an advanced NDTA-OT Instructor, an author, consultant and co-owner of Relationship Matters Consultancy Inc. She offers workshops and mentorships to therapists in North America, Europe and across Asia. Kim's personal continuing education reveals a passion for connecting with children with special needs and using the most up-to-date research in developing her therapy process.

Mary Bridge Children's Therapy Services

Mary Bridge Children's Therapy Services provides early, comprehensive interdisciplinary diagnostic evaluations, individual therapy, educational and social services and follow up care for children with developmental deficits and neurological disorders.



CHILDREN'S THERAPY UNIT

multicare.org/ctuclasses

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Kim Barthel, OTR
September 19-21, 2019



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Beyond Weight Bearing: Developing Upper Extremity Function in Children and Adolescents

COURSE DESCRIPTION

OT's and PT's working with children experiencing neurological challenges will benefit from participation in this intensive upper extremity workshop. Content will focus on the characteristics of development of upper extremity use and grasp and manipulation in functional daily activities.

UPON COMPLETION OF THIS COURSE, YOU WILL BE ABLE TO:

- Gain knowledge of the motor, sensory, cognitive and behavioral foundations for use of arm and hands for support, contact grasp and manipulation.
- Observe and identify essential postural, sensory and perceptual elements necessary to use the arms and hands functionally.
- Identify missing elements in children with developmental, neuro-motor or sensory processing challenges.
- Set goals, plan treatment and identify strategies to optimize strengths and minimize barriers to performance.
- Apply the knowledge and skills learnt to improve upper extremity function of children in daily activities.



COURSE INFORMATION:

September 19, 2019

- 8:30am The Neurobiology of upper extremity function
- 10:15am Break
- 10:30am When in Doubt Treat the Trunk! Postural Contributions to Upper Extremity Function
- 12:00pm Lunch (on your own)
- 1:00pm Trunk Lab
- 2:30pm Break
- 2:45pm Treatment Demonstration
- 4:00pm Discussion
- 4:30pm End of Day

September 20, 2019

- 8:30am Transition from stable posture to loading the upper extremity: Lab
- 10:15am Break
- 10:30am Shoulder Girdle Function and Reach
- 12:00pm Lunch (on your own)
- 1:00pm Treatment demonstration: Shoulder/Forearm
- 2:30pm Break
- 2:45pm Elbow, forearm and wrist: Missing links in placement of the hand
- 3:30pm Forearm Lab
- 4:30pm End of Day

September 21, 2019

- 8:30am The Hand and Grasp
- 10:15am Break
- 10:30am Treatment of the Hand lab
- 12:00pm Lunch (on your own)
- 1:00pm Manipulation skills: Understanding the motor control of manipulation
- 2:30pm Break
- 2:45pm Treatment of the Hand Demonstration
- 4:00pm Developing treatment strategies specific to manipulatory function in daily activities
- 4:30pm End of Day

COURSE AGENDA:

19.5 hours/1.95 CEUs, 19.5 hours Face to Face instruction

GENERAL INFORMATION

Where: Mary Bridge Children's Therapy
402 15th AVE SE
Puyallup, WA 98372

When: September 19-21, 2019

Cost: Early Bird Rate (by 8/1/19) \$595
Regular Rate \$650

Credit: 19.5 Education Contact Hours (1.95 CEU's)

Intended Audience:
PTs, PTAs, OTs, & COTAs

Contact: CTU Education Program
Normajean Friend
253.697.5225
MBCEducation@multicare.org

Cancellation/Refunds:

Full refund of the course registration fee, less \$75 administration fee, will be granted upon receipt of written request post marked 21 days prior to date of class. We reserve the right to cancel any course due to insufficient registration or extenuating circumstances. Please do not make non-refundable travel arrangements until you have called us and received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.