

MultiCare

Volunteer Services

Thank you for considering MultiCare as a place to share your time! You are choosing to begin the application process for **Allenmore Hospital, the Tacoma area clinics, Gig Harbor Medical Center, or Gig Harbor Mary Bridge Clinics**. Our volunteers play a crucial role in supporting MultiCare's mission to partner for healing and a healthy future.

- Volunteers must commit to a consistent shift of three to four hours, one day per week.
- Volunteers must commit to volunteering 100 hours. Typically, this takes between seven to eight months to complete.
- Volunteers must be at least 16 years old.
- Applicants under the age of 18 may need to provide a letter of recommendation from a teacher, coach, mentor or employer.
- MultiCare will conduct a criminal background check on all volunteer applicants.

Finding a role that is a good fit for you is an important part of the volunteer process. Before applying to become volunteer, we want to ensure that our volunteer opportunities match what you are seeking.

Here's how our process works:

Step 1 – [Schedule an appointment](#) for a phone call with our Volunteer Coordinator. Select a time that works best for you, and we'll call you to learn more about your interests. We'll also share information about our current openings.

Step 2 – If we have a volunteer opportunity that is a potential match for you, you'll receive an email with steps to complete our online application.

Step 3 – If your application is accepted, attend New Volunteer Onboarding Meeting.

Step 4 – Complete required health screening.

Step 5 – Complete department training.

Step 6 – Begin volunteering!