

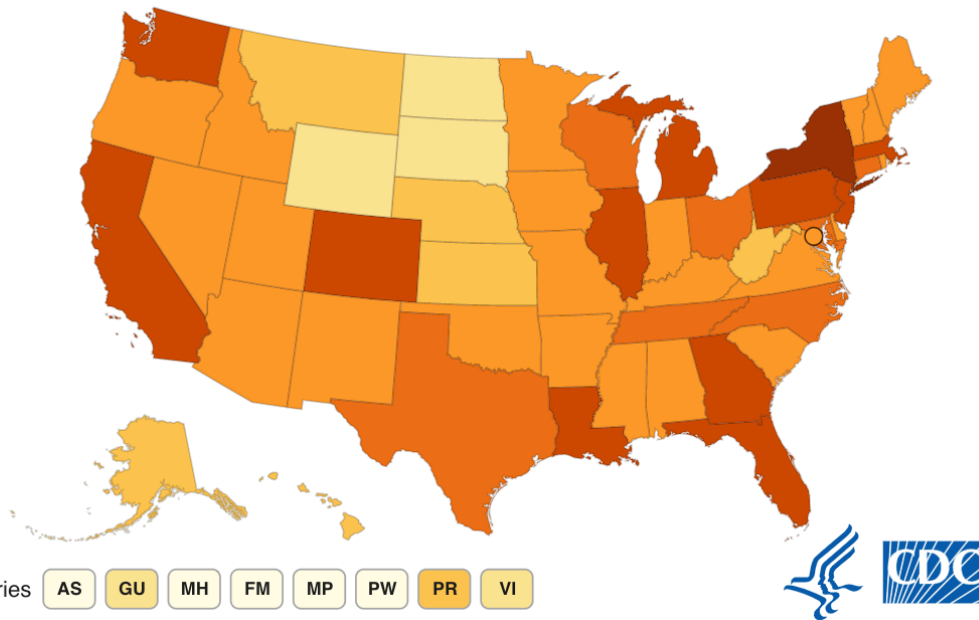
# COVID-19: Guidance for Washington Employers

**March 30, 2020**

**MultiCare**   
Centers of  
Occupational Medicine

# COVID-19 in Washington State

## States Reporting Cases of COVID-19 to CDC\*



WA DOH Case Counts  
(3/25/20):

WA = 2,580

Puget Sound = 2,229

Inland Northwest = 63

# WA Stay-at-home Order

Essential businesses should identify the minimum staff needed to continue to operate essential businesses on site.

## ”Essential” sectors:

- Healthcare/Public Health
- Emergency Services
- Food and Agriculture
- Energy
- Water and Wastewater
- Transportation and Logistics
- Communications and Information Technology
- Other Community-Based Government Operations
- Critical Manufacturing
- Hazardous Materials
- Financial Services
- Chemical
- Defense Industrial Base

**Washington State COVID-19 Essential Business Website:**

<https://coronavirus.wa.gov/whats-open-and-closed/essential-business>

# Status of MultiCare Occupational Medicine

- **Services supporting employment are essential**
  - Open for business
  - Most services remain available
  - Some clinics may close temporarily
- **Unavailable: “Doctor’s Note”**
  - COVID-19 Clearance/Return to Work letters
- **Workers comp / job injury care**
  - Initial treatment available at OccMed and Urgent Care
  - Virtual follow-up visits now available
  - In-clinic follow-up visits remain available

# Status of Occupational Medicine

- **Employer paid services temporarily not available**
  - Breath-alcohol testing (BAT)- infection risk
  - Pulmonary function testing (PFT) – infection risk
  - Treadmill stress test – infection risk
  - Audio Booth Hearing Tests (audiograms) – infection risk
  - Respirator fit testing – supply shortage
- **Regulatory FYIs**
  - DOT breath alcohol testing – document lack of availability, accelerate Randoms later  
<https://www.transportation.gov/odapc/compliance-with-dot-drug-and-alcohol-testing-regulations>
  - DOT medical exams – expiration dates March 1 – June 30: all June 30.  
<https://www.fmcsa.dot.gov/emergency/fmcsa-cdl-waiver-32420>

# Response Tips: Environmental

Accommodate social distancing and working from home

CDC website: “Clean and Disinfect Your Facility”

<https://www.cdc.gov/coronavirus/2019-ncov/prepare/disinfecting-building-facility.html>

- Warm, running water and soap
- Common EPA-registered household disinfectants
- Launder soft items as possible
- Alcohol based wipes
- Routine cleaning – consider every 3 – 4 hours

# Response Tips: Personnel

- Social distancing
- Hand hygiene
- Ask employees to limit and report travel
- Exposure and return to work concerns: Washington Department of Health website: <https://www.doh.wa.gov/Coronavirus/Workplace>
- Share symptoms and risk factors - promote health evaluations when necessary.

# Getting Employees Evaluated

## Current MultiCare Evaluation Service



Tools are evolving quickly. For updates:

**MultiCare**   
**Centers of  
Occupational Medicine**  
[multicareoccmmed.org](http://multicareoccmmed.org)



# Trusted Resources for Employers

- Know the facts about COVID-19
  - World Health Organization ([who.int](http://who.int))
  - Centers for Disease Control and Prevention ([cdc.gov](http://cdc.gov))
  - Washington Dept of Health ([doh.wa.gov](http://doh.wa.gov))
  - MultiCare Health System ([MultiCare.org/coronavirus](http://MultiCare.org/coronavirus))
  - MultiCare Occupational Medicine ([multicareoccmed.org](http://multicareoccmed.org))

# Thank you

## Questions, more information, and the latest updates

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