



Little Hearts Hold Big Hopes.



When a child is diagnosed with a congenital heart defect/heart disease, caregivers may think hope is lost. Often they feel very alone.

Mended *Little Hearts*, a nationwide organization for parents, caregivers and families of children with heart defects/heart disease, provides resources and a caring support network to help families work through overwhelming emotions involved with having a child with a heart defect/heart disease. This organization helps families move forward to find laughter, healing and hope.

Serving families. Serving the Community

Mended *Little Hearts* is a pediatric support program dedicated to inspiring hope in those who care for the littlest heart patients of all. The core goal is to connect families in crisis with others who have survived the shock of learning a child has a heart defect/heart disease, navigated the maze of medical decisions and procedures, and mapped out a plan for the future. Mended *Little Hearts* was developed and is supported by The Mended Hearts, Inc., a national organization with over fifty years of experience serving heart patients and their families.

Purpose of Mended Little Hearts:

- ◆ Offer support to family members and other caregivers of children affected with heart defects/heart disease
- ◆ Offer educational/health resources relating to heart defects/heart disease and well-being
- ◆ Raise awareness in the community about children and heart defects/heart disease and factors that may contribute to this disease



The Facts*

- ◆ 9 out of every 1,000 births will have some form of congenital heart disorder
- ◆ Approximately 36,000 babies are born with a heart defect each year
- ◆ About 1.3 million Americans born with a CHD are alive today
- ◆ Cardiovascular disease ranks as the number 2 cause of death for children under the age of 15

** According to the American Heart Association*


**Mary Bridge
Children's Hospital
& Health Center**

**We are currently forming a group in
the Puget Sound area, Washington.
For more information, please contact
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253-858-3065**



**Mended
Little
Hearts**

A program of The Mended Hearts, Inc.