

LABORATORIES Northwest Collection Instructions One-Day Stool Collection

Collection Information: Stool may be collected directly into a clean plastic container. Collection may be facilitated by placing a sheet of plastic wrap (i.e. Saran wrap) over the toilet surface. Urinate prior stool collection, to avoid contaminating the specimen (contact with water or urine may compromise the specimen). Always label specimens with patient name and the date and time of collection.

- Ova & Parasite Testing** (PVA Vial/ Clear Fluid): Using the collection spoon attached inside of the lid, add stool to the vial until the liquid level reaches the "Fill Line". Replace the cap tightly and shake the specimen until it is completely mixed. Record the patient's name, date and time of collection on the label.
- Stool Cultures** (Enteric Pathogen Vial/Red Fluid): Using the collection spoon attached inside of the lid, add stool to the vial until the liquid level reaches the "Fill Line". Replace the cap tightly and shake the specimen until it is completely mixed. Record the patient's name, date and time of collection on the label.
- c.Difficile &/or Giardia** (Plastic tub): Add a large (walnut sized) portion of stool into the plastic tub provided. Replace the cap. Record the patient's name, date and time of collection on the label.

After collection: After collection, double check for proper labeling. Place the specimen containers into the refrigerator until they can be transported to the laboratory. Bring your physician's orders or laboratory requisition when the specimens are delivered. Drop off the sample at any LABORATORIES NW location during regular business hours.

LABORATORIES Northwest Collection Instructions Three-Day Stool Collection

Collection Information: Stool may be collected directly into a clean plastic container. Collection may be facilitated by placing a sheet of plastic wrap (i.e. Saran wrap) over the toilet surface. Urinate prior stool collection, to avoid contaminating the specimen (contact with water or urine may compromise the specimen). Always label specimens with patient name and the date and time of collection.

Day 1, 2 & 3 – Collect the following sample for each day:

- ✓ **Ova & Parasite Testing** (PVA Vial/ Clear Fluid): Using the collection spoon attached to the lid, add stool to the vial until the liquid level reaches the "Fill Line". Replace the cap tightly and shake the specimen until it is completely mixed. Record the patient's name, date and time of collection on the label.

Day 3 only: Besides the above sample, also collect the following samples:

- ✓ **Stool Cultures** (Enteric Pathogen Vial/Red Fluid): Using the collection spoon attached to the lid, add stool to the vial until the liquid level reaches the "Fill Line". Replace the cap tightly and shake the specimen until it is completely mixed. Record the patient's name, date and time of collection on the label.
- ✓ **c.Difficile &/or Giardia** (Plastic tub): Add a walnut sized portion of stool into the plastic tub provided. Replace the cap. Record the patient's name, date and time of collection on the label.

After collection: After collection, double check for proper labeling. Place the specimen containers into the refrigerator until they can be transported to the laboratory. Bring your physician's orders or laboratory requisition when the specimens are delivered. Drop off the sample at any LABORATORIES NW location during regular business hours.

Questions? Call Client Services at (253) 403-1187