

## **BEREAVEMENT SUPPORT GROUPS**

### **Perinatal Grief and Loss Support Group – A Journey Through the Wilderness of Grief**

Where: Tacoma General Hospital

When: 3<sup>rd</sup> Wednesday of each month at 1:00 – 3:00 pm

Contact: Martine De Lisle-Porter, RNC at (253) 403-4515

### **Sudden Infant Death Resource and Referral Service**

Contact: Pierce County Health Department

J’Nene McCann at (253) 798-2930

### **Survivors of Violent Crime-Victim Support Groups**

When: 3<sup>rd</sup> Wednesday of the month at 7:30pm

Contact: Lew Cox, (253) 383-5254

### **In Loving Memory – Loss of an only child (no surviving children)**

Where: St. Francis Hospital, Federal Way

When: 1<sup>st</sup> Saturday of the month at 10:00 – Noon

Contact: Liz Anderson at (253) 840-2375 (day)

### **BRIDGES: A center for grieving children – A grief support program for families in which a parent of sibling has died**

Where: 310 North K. Street Tacoma

Contact: Lynn Riegel or Heather Neal at (253) 272-8266

### **Parents Grief Support**

Where: Weeks Funeral Home, 1820 Wells St. Enumclaw

When: Last Thursday of the month at 7pm

Contact: Catherine Johnson at (360) 825-3548