

Suggested Support Readings- Adults

Parental Grief

Men Don't Cry...Women Do-Transcending Gender Stereotypes of Grief
by Martin & Doka

A Silent Story
by Ingrid Kohn and Perry-Lynn Moffit

Help, Comfort, and Hope After Losing Your Baby
by Hannah Lothrop

Empty Cradle, Broken Heart: Surviving the Death of Your Baby
by Deborah L. Davis

When the Bough Breaks-Forever After the Death of a Son or Daughter
by Bernstein

After the Death of a Child- Living with Loss through the Years
by Ann K. Finkbeiner

The Anguish of Loss
by Julie Fritsch with Sherokee Ilse

Unspeakable Losses
by Adrienne Ryan

When Bad Things Happen to Good People
by Harold Kushner

Parenthood Lost: Healing the Pain After Miscarriage, Stillbirth and Infant Death
by Michael R. Berman

Pregnancy After a Loss
by Carol Cirulli Lanham

For Bereaved Grandparents
by Margaret Gerner

The Worst Loss: How Families Heal From the Death of a Child
by Henry Hold

A Broken Heart Still Beats- After Your Child Dies
by Anne McCracken and Mary Semel

Parting is not Good-bye (loss of a son)
by Kelly Osmont and Marily McFarlane

Parental Loss of a Child
by Therese A . Rando

Understanding Your Grief, Ten Essential Touchstones
by Alan Wolfelt