

PORTABLE MEDICAL PROFILE (ADULT)

NAME: _____ **DATE OF BIRTH:** _____ **EMERGENCY CONTACT:** _____
Name/Phone

Do you have a living will? Y/N _____ Where is this information located? _____ Who has a copy? _____
 Advance Directives : Who will make medical decisions for you if you are unable to make decisions about your care? _____

ALLERGIES AND MEDICATION SENSITIVITIES	
ALLERGIC TO:	TYPE OF REACTION:
1.	
2.	
3.	

MEDICAL DIAGNOSES (Medical Conditions, Surgeries, Risk Factors, etc.)	
1.	7.
2.	8.
3.	9.
4.	10.
5.	11.
6.	12.

Information for Medical Care Providers
Primary Care Physician:
Name: _____
Phone Number (office) _____
Other Physicians:

Dentist: _____
Insurance Information:
Insurance Carrier: _____
Policy Number: _____
Phone Number: _____
Case Manager: _____
Phone Number: _____
Secondary Insurance Information:
Insurance Carrier: _____
Policy Number: _____
Phone Number: _____
Prescription Coverage: _____
Hospital Preference (in case of emergency)
Hospital: _____

FUNCTIONAL STATUS		
Activity	Safe: Y/N	Level of Assist &/or equipment needed
Basic self care		
Feeding/ Swallowing		
Walking ↑↓ stairs		
Walking in your home		
Community access (church, store, etc.)		
Vision & Hearing		

Equipment and Devices used		
Equipment description	Vendor & Contact #	Date of last service

Orthotics or Prosthetics Information		
Component Description	Provider	Date of last service

This is a tool to organize information about health care. Updating information whenever changes occur is important to maintain accuracy.

