



PO Box 5299, Tacoma, WA 98415-0299
Phone (253) 403-1187 1-800-784-5854

Auburn

▶ **Auburn MultiCare Clinic**
735 – 12th St SE
Auburn, WA 98002
8:00am – 5:00pm, Mon. – Fri.
Phone: (253) 876-7920

Auburn Medical Office Bldg
202 N. Division, **Suite 103**
Auburn, WA. 98001
8:00am-5pm M-F
Phone: (253) 545-2440
Suite 301 8am-5pm, M-F
Phone: (253) 876-8087

Bonney Lake

10004 204th Ave E.
Bonney Lake, WA 98391
8:30am – 5:00pm, Mon. – Fri.
(closed 12:30pm– 1:30pm)
Phone: (253) 447-3320

Covington

▶ **Covington MultiCare Clinic**
17700 SE 272nd St., Suite 180
Covington, WA 98042
7:00am – 7:00pm, Mon.- Fri.
8:00am – 5:00pm, Sat. & Sun.
Phone: (253) 372-7195

Eatonville

118 Washington Ave. N.
Eatonville, WA 98328
8:00am – 4:30 pm, Mon. – Fri.
(closed 12:30 – 1:30pm)
Phone: (360) 832-7304

Federal Way

34618 11th Place S, Suite 201-A
Federal Way, WA 98003
8:30am – 5:00pm, Mon. – Fri.
(closed 1:00pm – 2:00pm)
Phone: (253) 874-7527

Northshore MultiCare Clinic

4215 49th Ave. NE
Tacoma, WA 98422
8:00am – 5:00pm, Mon. – Fri.
(closed 12:30pm – 1:30pm)
Phone: (253) 459-7694

Frederickson

Frederickson MultiCare Clinic
5612 176th St E
Puyallup, WA 98375
8:30am – 4:45pm
(closed 11:45am – 1:00pm)
Phone: (253) 875-7675

Gig Harbor

▶ **Gig Harbor Medical Park**
4545 Point Fosdick Dr. # 210
Gig Harbor, WA 98335
7:00am – 7:00pm, Mon. – Fri.
9:00am – 3:00pm, Sat-Sun
(Sun. entrance Urgent Care)
Phone: (253) 530-8180

Gig Harbor Lab
4700 Point Fosdick Dr., #207
8:30am – 4:30pm, Mon. – Fri.
(closed 12:30pm – 1:00pm)
Phone: (253) 530-8075

Kent

Kent MultiCare Clinic
222 North State St.
Kent, WA 98030-4598
8:00am – 6:00pm, Mon. – Fri.
9:00am – 12:30pm, Sat.
Phone: (253) 372-7929

Lakewood

Lakewood MultiCare Clinic
5700 100th St SW – Suite 510
Lakewood, WA 98499
8:15am – 5:15, Mon. – Fri.
Phone: (253) 459-6073

Lakewood Profess. Village
5900 – 100th St. SW, Ste 26B
Tacoma, WA 98499-2749
8:00am – 4:30pm, Mon. – Fri.
(closed 12:30pm – 1:30pm)
Phone: (253) 581-1544

Olympia

LabsNW Olympia/Lacey
3504 12th Ave NE
Olympia, WA 98506
8:30am – 5:00pm Mon. – Fri.
(closed 12:00pm – 1:00pm)
Phone: (360) 252-3824

▶ **LabsNW Olympia/Lacey**
3516 12th Ave NE 98506
9:00am – 5:15pm M – F
(360) 459-2926

Puyallup

EPC Residency Program
1322 – 3rd St SE. Suite 250
Puyallup, WA 98372
8:30am – 5:00pm Mon.-Fri.
(Closed 12:30pm – 1:30pm)
Phone: (253) 697-4015

Puyallup at Rieder Bldg
1701 – 3rd St SE Suite301
Puyallup, WA 98372
7:00am – 5:30pm Mon. – Fri.
7:30am – 3:00pm Sat.
Phone: (253) 697-4696

(Puyallup, continued)

Puyallup Med. Off. Bldg
1450 - 5th St. SE, Suite 1600
Puyallup, WA 98372
7:30am – 5:30pm Mon. – Fri.
Phone: (253) 697-3495

Puyallup at South Hill
16515 Meridian St. E Suite 104A
Puyallup, WA 98375
8:00am – 4:30pm, Mon. – Fri.
Phone: (253) 697-3128

Puyallup on East Main

803A East Main Ave.
Puyallup, WA 98372
8:30am – 5:00pm, Mon. – Fri.
(closed 12:30pm – 1:30pm)
Phone: (253) 841-5850

Puyallup Oncology Lab

Ostensen Cancer Center
400 15th Ave SE
Puyallup, WA 98372
8:45am – 5:15pm M-F
Phone (253) 697-1235

Spanaway

Spanaway MultiCare Clinic
225 176th St. S.
Spanaway, WA 98387
8:00am – 4:30pm, Mon. – Fri.
Phone: (253) 459-7778

Sumner

Sumner MultiCare Clinic
5814 Graham Ave Suite 102
Sumner, WA 98390
8:30am – 5:00 Mon. – Fri.
(closed 12:30pm – 1:30pm)
Phone: (253) 891-7460

Tacoma

▶ **Allenmore Hospital**
1901 South Union
Tacoma, WA 98405-1706
6:30am – 8:00pm, Mon. – Fri.
8:00am – 5:30pm, Sat. – Sun.
Phone: (253) 459-6336

Allenmore Med Center B
1901 South Union, Suite B-3009
Tacoma, WA 98405-1803
8:00am – 4:30pm, Mon. – Fri.
(closed 12:45pm – 1:15pm)
Phone: (253) 459-6330

Allenmore Med Center C
3124 S. 19th, Suite 120
Tacoma, WA 98405-1306
7:30am – 5:00pm, Mon. – Fri.
Phone: (253) 301-5080

(Tacoma, continued)

Baker Center
316 Martin Luther King Jr. Way
Suite 202
Tacoma, WA 98405-4523
9:00am – 5:30pm, Mon. – Fri.
(closed 1:00pm - 2:00pm)
Phone: (253) 403-1296

Cedar Medical Center
1901 South Cedar, Suite 105
Tacoma, WA 98405-2305
8:00am – 4:30pm, Mon. – Fri.
Phone: (253) 403-1042

Jackson Hall
314 Martin Luther King Jr. Way
Ground Floor – Suite 6
Tacoma, WA 98405-4269
8:00am – 5:00pm, Mon. – Fri.
Phone: (253) 403-1045

Mary Bridge Clinic
311 South L Street
Tacoma, WA 98405
8:30am – 5:00pm, Mon. – Fri.
Phone: (253) 403-9110

North J Street
222 North J Street
Tacoma, WA 98405
Variable hours, days
Phone: (253) 403-1041 or
Client Service: (253) 403-1187

▶ **Tacoma General**
1003 S. 5th St , 4th floor
Tacoma, WA 98405-0986
6:30am – 8:00pm, Mon. – Fri.
8:00am – 4:30pm, Sat.
Phone: (253) 403-1187

Tacoma Family Medicine
521 Martin Luther King Jr. Way
Tacoma, WA 98415
8:30am – 5:30pm, Mon.- Fri.
Phone: (253) 403-2907

West Tacoma MultiCare
2209 N. Pearl St. Suite 100
Tacoma, WA 98406
8:00am – 4:30pm, Mon.- Fri
(closed 12:30-1:30)
Phone: (253) 459-7128