

39th Annual Day of Pediatrics
PEDIATRIC PEARLS FOR
OFFICE PRACTICE

Saturday, September 21, 2013

Hotel Murano Ballroom
Tacoma Washington
1320 Broadway
Tacoma, Washington

Hotel Murano 253.572.3200
call and ask for MHS rate.

Directions:
Take I5 to Exit 133/City Center. Take highway 705,
following "City Center" signs toward the downtown
area. Take the "A" Street exit. Follow "A" Street to
11th Street. Turn left on 11th Street. Go two blocks
uphill to Broadway. Turn left on Broadway. Go two
blocks to 1320 Broadway. Valet or self-parking is
available. Please park and then pick up your parking
pass at the conference registration table.

MultiCare 
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PO Box 5299
Tacoma, WA 98415-0299

MULTICARE'S DEPARTMENT OF CONTINUING MEDICAL EDUCATION AND
MARY BRIDGE CHILDREN'S HOSPITAL AND HEALTH CENTER PRESENT

39th Annual Day of Pediatrics

"PEDIATRIC PEARLS FOR OFFICE PRACTICE"

SATURDAY, SEPTEMBER 21, 2013 HOTEL MURANO BALLROOM – TACOMA, WASHINGTON

MultiCare 
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Institute for Learning
& Development

MultiCare 
Mary Bridge Children's Hospital
& Health Center 

INTENDED AUDIENCE: PEDIATRICIANS, FAMILY MEDICINE PHYSICIANS, NURSE PRACTITIONERS, AND OTHER
PEDIATRIC CARE PROVIDERS.

ACCREDITATION

American Medical Association

MultiCare Health System is accredited by the Washington State Medical Association CME Accreditation Committee to sponsor continuing medical education activities for physicians.

MultiCare Health System designates this educational activity for a maximum of

6.5 hours in Category I to satisfy the re-licensure requirements of the Washington State Medical Quality Assurance Commission.

MultiCare Health System designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Faculty Disclosure information will be included in the course syllabi.

PEDIATRIC PEARLS FOR OFFICE PRACTICE

Space is limited. Register early.

NAME _____

CREDENTIALS _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

DAYTIME PHONE (include area code) _____

E-MAIL _____

Visa MasterCard

ACCOUNT NUMBER _____ EXP DATE _____

NAME ON CARD _____

Check, made payable to: "Continuing Medical Education"

If paying by credit card, registration form can be faxed to 253.403.2971.

Mail check and registration form to: MultiCare Continuing Medical Education, MS: 409-B-CME, PO Box 5299, Tacoma, WA 98415-0299.

Cancellation Policy: An administrative fee of \$50.00 will be retained on all refunds for the conference. Refunds are not possible after the course has begun, and notice of cancellation must be submitted in writing to Continuing Medical Education prior to September 21, 2013. MultiCare Health system reserves the right to cancel this course at any time. In this event, the full registration fee will be returned to the registrant. Space is limited.

Total Enclosed \$ _____

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Agenda

- 7:30 am **Registration/Continental Breakfast**
- 8:00 am **Welcome and Overview**
Thomas Charbonnel, MD
- 8:10 am **The New Paradigm of Obesity Prevention in Early Childhood**
Alan Lake, MD
- 9:10 am **What Do You Do When Your Favorite Meds Don't Work?**
Harlan Gephart, MD
- 10:05am **Break and Exhibits**
- 10:15am **The Windows of Opportunity for the Pediatrician and Parents**
Alan Lake, MD
- 11:05 am **What You Can Do to Prevent Injuries to Children and Adolescents (and maybe their parents) in Your Practice.**
Frederick Rivara, MD, MPH
- 11:55 am **Lunch and Exhibits**
- 1:00 pm **Pediatric ID Jeopardy**
Mary Fairchok, MD, COL (ret)
- 1:55 pm **Pediatric Dermatology Update**
Heather Brandling-Bennett, MD
- 2:55 pm **Break and Exhibits**
- 3:05 pm **"Pulse Oximetry Screening: Improving Detection of Critical Congenital Heart Disease"**
Matthew Park, MD, FACC, FAAP
- 4:00 pm **Adjourn**

*MultiCare CME would like to thank the Dr. George Tanbara Family Endowment for funding Dr. Lake's presentation.

LEARNING OBJECTIVES

At the completion of this conference, participants should be able to:

- Diagnose and manage common pediatric skin disorders.
- Develop appropriate treatment plans based on recent literature.
- Engage in an interactive game to review and discuss current best practices in pediatric infectious diseases.
- Evaluate the risks and benefits of various ADHD before medications.
- Select the most appropriate prior to ADHD medication for patients.
- Determine the next steps in medication selection if the first or second medication treatment trial fails.
- Recognize intrauterine variables in long-term wellness (The Barker Hypothesis).
- Outline the role of preschool interventions for reducing obesity risk.
- Describe and discuss the role of the pediatrician, family and community in obesity prevention.
- Recognize school wellness options and partnerships for school-based programs.
- Articulate examples and definitions of critical congenital heart disease (CCHD).
- Explain how CCHD is diagnosed and the importance of early detection.
- Review the role of pulse oximetry screening in detection of CCHD and how it is now standard of care in the U.S.
- Discuss current screening practices in Washington and plans for the future.
- Recognize the most common causes of severe injuries to children and adolescents.
- Outline effective strategies to use to counsel families about injury prevention.
- Discuss what can be done in the community to control injuries.

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Information 253.403.1221 or
lisa.white@multicare.org

This conference is designed to provide a comprehensive review of selected pediatric topics, for pediatricians, family practitioners, and other health care professionals who care for infants, children and adolescents.

Faculty

Heather Brandling-Bennett, MD
Dermatology, Vascular Anomalies
Seattle Children's Hospital
Asst Prof, Dept of Pediatrics
Adjunct Asst Prof, Dermatology
UW Dept of Medicine

Mary Fairchok, MD, COL (ret)
Pediatric Infectious Disease
Hospitalist - Pediatrics
Mary Bridge Children's Hospital
Tacoma, WA

Harlan Gephart, MD
Pediatric Associates
Bellevue, WA
Clinical Professor of Pediatrics
UW School of Medicine
Past Chairman, American Board
of Pediatrics

Alan M. Lake, MD
Associate Professor of Pediatrics
Director of Pediatric
Gastroenterology
Johns Hopkins University
Maryland Pediatric Group, LLC

Matthew Park, MD, FACC, FAAP
Pediatric Cardiology
Northwest Congenital Heart Care
Tacoma, WA

Frederick Rivara, MD, MPH
Division Chief, General Pediatrics
Seattle Children's Hospital
Professor and Vice Chair
UW Dept of Pediatrics

EVENT CHAIR

Thomas Charbonnel, MD
Pediatrics
Union Avenue Pediatrics
Tacoma, Washington

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