

# “Supporting the Sandwich Generation: Aging Parents and Tough Choices”



## JOIN THE CONVERSATION

Thursday, October 31, 2013 • 7:30–9am

Many of us enter the most productive period of our careers at a time when our families need us most. In addition to caring for our children, we face the challenge of helping our aging parents deal with a wide range of issues — from palliative care to hospice to end-of-life care.

### How do we juggle multiple roles and responsibilities?

Please join MultiCare for an informative breakfast session as we explore this complex issue. You'll hear from experts in the field of elder care, hospice, end-of-life planning and other disciplines, with ample time for your questions.

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Rainier Room at the Truitt Building  
102 W. Main St., Auburn, WA 98001  
(2nd Floor of Oddfellas Restaurant in Auburn)

Parking is available on the street, the restaurant lot or in the parking garage one block from the restaurant.

**Call right away to reserve your space. This event is free, but space is limited. RSVP by October 25 to 800.485.0205 or register online at [multicare.org/betterhealth](http://multicare.org/betterhealth).**

If you'd like to pass this invitation on to others in your organization who might be interested, please feel free to do so. Thank you.