

REGISTRATION

\$625 fee. Deadline for registration is two weeks prior to course. Registration will be accepted after deadline on a space available basis. Cancellation will be accepted until that deadline, minus an administration fee of \$75. **NO REFUNDS AFTER DEADLINE.**

Please make check payable and return to:

Education Resources, Inc.

266 Main St., Suite 12 • Medfield, MA 02052
(508) 359-6533 or 800-487-6530 (outside MA)
FAX (508) 359-2959 • www.educationresourcesinc.com

Limited enrollment

Baby Steps/McElroy

NAME _____

ADDRESS _____

CITY/STATE/ZIP _____

PHONE (H) _____ PHONE (W) _____

CELL _____

Needed in the event of an emergency scheduling change

EMAIL _____

Please clearly print your email address for course confirmation

EMPLOYER _____

DISCIPLINE _____ SPECIALTY _____

HOW DID YOU HEAR ABOUT THIS COURSE _____

QERI Rewards. I am registering for my 4th course since September 2002 and applying \$100 credit to the tuition. Only available to previous full paying registrants. Must be applied at time of registration. Subject to availability.

Please indicate course location:

Jan/WA May/FL June/NJ

July/TX Sept/IL

I hereby authorize you to charge my: VISA MC DISCOVER

Exp. Date _____ Signature _____

CVV2 code _____ (last 3 digits on back of card).

Cardholder's name & billing address with zip code if different from above.

I have read your refund policy above and understand.

Education Resources reserves the right to cancel any course due to insufficient registration or extenuating circumstances. Please do not make non-refundable travel arrangements until you have called us and received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

LOCATION & ACCOMMODATIONS

Please visit our website for suggested accommodations

January 24-26, 2014 - Washington

Children's Therapy Unit
Good Samaritan Hospital of Multicare Health
402 15th Avenue, SE
Puyallup, WA

May 2-4, 2014 - Florida

Pediatric Therapy Associates of South Florida
447 NW 73rd Avenue
Plantation, FL

June 20-22, 2014 - New Jersey

Children's Specialized Hospital
200 Somerset Street
New Brunswick, NJ

July 25-27, 2014 - Texas

Children's Medical Center
2350 Stemmons Freeway
Dallas, TX

September 19-21, 2014 - Illinois

Vital Rehabilitation
5820 W. Irving Park Road
Chicago, IL

TESTIMONIALS

Jan made me re-evaluate my methods to make movements for my kids more functional & centered to avoid unwanted compensatory actions. I am so glad I took this course and I would highly recommend it to other therapists working in peds or even in the adult setting.

Excellent, enjoyable, flexible! Excellent integration of audiences and clinical knowledge and information. Amazing treatment techniques!

Good mix of didactic and lab with practical, functional approach/focus. Great insight into gait development in typical as well as atypical development.

eri loyalty rewards

Each time you take 3 courses with us
the 4th one is \$100 off!

Program applies to courses you have taken since September 2002.

Only available to previous full paying registrants.

May not be combined with any other credit.

One day courses not eligible

Subject to availability.

Baby Steps:

Building Ambulation Interventions for the 0-3 Population with Posture and Movement Dysfunction



Jan McElroy, PhD, PT, PCS

January 24-26, 2014 - Puyallup, WA
May 2-4, 2014 - Ft. Lauderdale area, FL
June 20-22, 2014 - New Brunswick, NJ
July 25-26, 2014 - Dallas, TX
September 19-21, 2014 - Chicago, IL



sponsored by

Education Resources, Inc.

Relevant Continuing Education for Therapists by Therapists

www.educationresourcesinc.com

(508) 359-6533 or (800) 487-6530 (outside MA)

COURSE DESCRIPTION

How do you maximize your time and target gait in your interventions with infants and toddlers? This course will focus on pre and early ambulation in a population that is predisposed to rapid and dramatic changes: the birth to three population. We will examine typical and atypical preparation for, and development of, ambulation in the infant and toddler. The impact of biomechanics, the neuromuscular system, the sensory system, orthotics, and assistive equipment will be integrated as participants learn to build intervention strategies to address ambulation early and effectively in infants and toddlers with diagnoses such as CP, developmental delay, prematurity, and Down Syndrome. Course material will be presented using lecture, videos, **lab** and group problem solving.

COURSE OBJECTIVES

Upon completion of this course, participants will be able to:

1. Recognize and mediate adverse influences of the biomechanical, neuromuscular, and other body systems (respiratory, visual, sensory, GI, etc) on the development of ambulation in infants and toddlers.
2. Develop and use pre-ambulation interventions to build the capacity for ambulation from early infancy.
3. Develop and execute effective, evidence based intervention programs to improve ambulation by selecting from a wide variety of approaches and supports including handling, treadmill, taping, and garments.
4. Adjust intervention strategies to improve effectiveness of ambulation interventions by meeting the special needs of infants and toddlers with diagnoses of CP, developmental delay, prematurity, and Down Syndrome.
5. Use principles of "benefit versus cost" as well as current evidence in selecting and progressing orthotics, temporary foot supports, and equipment to enhance functional early ambulation and preserve the quality of later ambulation.

AUDIENCE

This course is designed to address the needs of infants and toddlers often serviced in Birth to Three programs. PT's, PTA's, OT's and COTA's who work with the birth to three population. Content applies to children who are developmentally functioning at a 0-3 age.

PARTICIPANT REQUIREMENTS

Participants are required to bring a 20 inch doll and might find having colored pencils helpful. Please dress comfortably to move in the labs.

SCHEDULE - DAY ONE

8:00-8:30	Registration/Continental Breakfast
8:30-9:00	Introduction and Course Overview
9:00-10:45	Elements of gait and comparison of early steps to 3 year gait
10:45-12:00	Gait component changes lab
12:00-1:00	Lunch (on your own)
1:00-3:00	Pre-gait preparation
3:00-5:00	Pre-gait techniques lab

SCHEDULE - DAY TWO

7:30-8:00	Continental Breakfast
8:00-10:00	Review and Questions
10:00-12:00	Impact of the musculoskeletal system Discussion and lab
12:00-1:00	Lunch (on your own)
1:00-3:15	Orthotics, treatment adjuncts,
3:15-5:00	Development, assessment, and interventions for atypical gait in infants and toddlers with low tone Discussion and lab

SCHEDULE - DAY THREE

7:30-8:00	Continental Breakfast
8:00-8:30	Review and Questions
8:30-12:00	Development, assessment, and interventions for a typical gait in infants and toddlers with high tone Discussion and lab
12:00-1:00	Lunch (on your own)
1:00-2:30	Development, assessment, and interventions for atypical gait in infants and toddlers with fluctuating tone and in infants born prematurely Discussion and lab
2:30-4:00	Clinical problem solving

Two 15 minute breaks will be scheduled each day

FACULTY

Jan McElroy, PhD, PT, PCS graduated from the School of Physical Therapy at the University of Missouri in 1972. She draws from 35 years of pediatric experience with the 0-3 year population in a wide range of settings including NICU, acute care, Early Intervention, outpatient, and inpatient rehabilitation. Jan owns a private pediatric PT clinic in Columbia, Missouri. Her teaching experience includes clinical, classroom, and continuing education settings. She is currently adjunct faculty at the University of Missouri School of Physical Therapy and is primary physical therapy faculty on the TIPS for KIDS grant. Her national continuing education short courses focus on baby treatment, treatment of infants born preterm, serial casting and temporary foot supports, and gait. Jan is currently a NDTA pediatric PT instructor candidate assisting in Neuro-Developmental Treatment 8 week pediatric and 3 week advanced baby courses. Jan completed the PhD program in Pediatric Science at Rocky Mountain University of Health Professions 2011. She is currently conducting research in lower extremity movement patterns in infants born full term and preterm, baby treatment, and the effects of treadmill training.

CREDITS

This course meets the criteria for 21 contact hours (2.1 CEU's). Application has been made to the **NJ** Board of Physical Therapy Examiners, the **PA** State Board of Physical Therapy and the **IL** EI Training Program. **TX** Physical Therapy Association accredited provider. Approved provider of continuing education by the **IL** State Board of Physical Therapy.

FL Application has been made to the Florida Physical Therapy Association for 25 continuing education hours. Approved provider by the Florida Board of Occupational Therapy.

Approved provider by the **NY** State Board of Physical Therapy for 25.2 contact hours.



Approved provider of continuing education by the American Occupational Therapy Association #3043, for 21 contact hours - Intermediate Level Occupational Therapy Process: evaluation, intervention. The assignment of AOTA CEU's does not imply endorsement of specific course content, products or clinical procedures by AOTA.

NBCOT Professional development provider-26.25 PDU's.

YOUR INPUT IS VALUED

We invite you to share your ideas with us, post a clinical challenge you are currently facing, or share a great therapy tip with your colleagues.

www.educationresourcesinc.com/blog

