

MHS ADULT COVID-19 TESTING GUIDELINES – Nucleic Acid testing

V8– 07-15-2020

TESTING RECOMMENDATION	Clinical Features	Clinical Features/Epidemiologic Risk
High	Symptomatic Hospitalized	Fever with severe acute lower respiratory illness (e.g., pneumonia, ARDS) requiring hospitalization
High	Symptomatic patients regardless of location	Patients with mild or moderate symptoms including new onset of any of the following symptoms: Fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, or diarrhea.
CONSIDER and per MHS protocol	Asymptomatic patients	<ul style="list-style-type: none"> • Close contacts of a case (less than 6 feet for >=15 minutes) • Exposed to Covid-19 during an outbreak in a congregate setting • Persons from racial and ethnic minority groups disproportionately affected by adverse Covid-19 outcomes whose work, living circumstances or inequitable access to healthcare, and higher rates of comorbid conditions put at higher risk for severe disease • Persons who are pregnant and present in labor • All newborns born to parents who are suspected or have Covid-19 • People undergoing procedures that increase the risk of aerosolized particle spread • People undergoing invasive surgical procedures per MHS protocols • Healthcare facility admits to cohort patients in shared rooms. • Pre travel testing as required by certain states/countries • Employee screening programs (consider review with Occupational Health for current guidance and support) • Guidance is changing rapidly, please notify mmyint@multicare.org with groups seeking asymptomatic testing to assure consistent practices.

DOH provider guidance (06-28-2020) <https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/Interim-2019NovelCoronavirusQuicksheetProviders.pdf>

DOH patient information if confirmed with Covid-19 (06-29-2020) <https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/COVIDcasepositive.pdf>

In general, MHS is not recommending serum or whole blood antibody testing at this time.