

Getting Ready for Surgery

In preparation for surgery, please follow these helpful instructions to ensure your procedure goes safely and smoothly. Thank you for your cooperation.

- **Pre-surgery COVID-19 testing:** Your surgeon may order COVID-19 testing prior to surgery. One of our healthcare members will contact you to ask about symptoms and will schedule you for coronavirus testing even if you do not show symptoms of the virus. We do this as a safety measure so that we have the information we need to provide you with the safest care.
- **Shelter in Place:** Stay home and away from COVID-19 exposures to stay well while you wait for your surgery date.
- **Avoid contact with others:** If you need to go out, wear a face covering and wash your hands often.
- Follow **social distancing and use good handwashing practices.** The person who will bring you to and from surgery should also do this as well.
- **Check for the symptoms daily** prior to surgery and notify us if you have any of the following:
 - Fever \geq 38.0 C (100.4 F) lasting 24 hours
 - New respiratory symptoms (e.g. cough, shortness of breath, respiratory distress, sore throat, congestion, etc.)
 - Have close contact with someone with confirmed COVID-19