

## INTERIM VISITOR RESTRICTIONS FOR OB PATIENTS RELATED TO COVID-19

These temporary measures in limiting visitors are for the safety of the patient, the newborn, and the community.

- Masking is required on entry to the facility – all persons should wear a mask or they will be provided one at entry to the facility.
- All patients and visitors are screened for symptoms of COVID-19 prior to entering the facility. Symptoms may include fever, body aches, sore throat, runny nose, congestion, cough, shortness of breath and sudden loss of taste and/or smell, nausea or vomiting and diarrhea.
- Family Birth Center patients will be allowed two asymptomatic support people **during the labor and birth process for labor support**. A support person includes: a spouse or partner, a family member, a friend or a certified doula.
  - Two hours after delivery one support person will be able to remain at the bedside while the second support person will be required to leave. This is in accordance with the general one (1) visitor policy of the hospital.
  - The (one) support person that remains will be the same individual throughout the entire hospital stay.
- The support person must be at least 17 years of age, unless they are the parent of the baby or significant other. For exemptions, use the current escalation process.
- If the support person is screened positive for symptoms of COVID-19, they will not be allowed to remain in the hospital. Testing may be requested prior to granting access to visitation.
- Support persons are required to wear a mask while in MultiCare facilities, including in the patient room, unless they have certain qualifying health conditions.\*\* Please arrange for care of children, family members and pets in advance so that you can focus on your birth and the new baby.

\*\*Persons with a medical condition, mental health condition or disability that prevents wearing a face covering. This includes, but is not limited to, persons with a medical condition for whom wearing a face covering could obstruct breathing or who are unconscious, incapacitate or otherwise unable to remove a face covering without assistance. (From the Order of the Secretary of Health on face coverings – 6.24.2020)

COVID-19 Negative Patient	COVID-19 Positive or Suspected Patient
<ul style="list-style-type: none"> <li>• The support person will be the same individual throughout the entire hospitalization. Limit movement in and out of hospital. Please keep the mask on while in the hospital if able to tolerate wearing the mask.</li> </ul>	<ul style="list-style-type: none"> <li>• Patients screening positive for COVID-19 symptoms, or otherwise suspected of having COVID-19 or testing positive for COVID-19 will be provided a surgical mask on entry and transported to an appropriate room for admission.</li> </ul>

<ul style="list-style-type: none"> <li>• After delivery, the support person may remain at the bedside. The support person should remain in the patient's room and limit trips to other in-hospital locations as much as possible.</li> </ul>	<ul style="list-style-type: none"> <li>• Support person needs to remain in the patient room throughout the stay. Support person is required to wear a mask while in the patient room.</li> </ul>
<ul style="list-style-type: none"> <li>• A healthy, asymptomatic support person is permitted to attend a C-section that does <b>not</b> require general anesthesia.</li> </ul>	<ul style="list-style-type: none"> <li>• Support persons will not be allowed in the OR for symptomatic COVID+ patients.</li> <li>• One support person will be allowed in the OR for asymptomatic COVID+/PUI patients, as long as there is no general anesthesia. If general anesthesia is being used, no support person is allowed in the OR.</li> </ul>
<ul style="list-style-type: none"> <li>• Your new baby will room-in with you as you recover from delivery unless they need specialized care in our NICU.</li> </ul>	<ul style="list-style-type: none"> <li>• The asymptomatic support person will be provided gowns, gloves and face/eye protection during their visit.</li> </ul>
	<ul style="list-style-type: none"> <li>• The support person will be the same individual throughout the entire hospitalization.</li> </ul>
	<ul style="list-style-type: none"> <li>• After delivery, the support person may remain at the bedside and should remain in the patient's room.</li> </ul>
	<ul style="list-style-type: none"> <li>• You will have an opportunity to discuss temporary separation vs. safety measures for rooming in with your newborn unless they need specialized care in our NICU.</li> </ul>