

Pregnant Healthcare Personnel and COVID-19 as of 3-6-20

CDC recommends pregnant healthcare personnel (HCP) should follow risk assessment and infection control guidelines for HCP exposed to patients with suspected or confirmed COVID-19. Adherence to recommended infection prevention and control practices is an important part of protecting all HCP in healthcare settings.

Information on Covid-19 in pregnancy is very limited, so MultiCare is following CDC recommendation to consider minimizing COVID-19 exposure to our pregnant employees as follows:

1. Pregnant employees who work in clinical settings may self-disclose their pregnancy to their manager.
2. Managers should seek to limit the pregnant staff member's engagement with COVID-19 patients if possible. ALL staff must use the required PPE when working with COVID-19 patients.

Note that there is no risk to HCP with no direct patient contact and non-entry into active patient management areas. Please and adhere to routine safety precautions (such as hand washing).

References:

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/inpatient-obstetric-healthcare-guidance.html>

<https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/pregnancy-faq.html>