

COVID-19 Vaccine

Planning for Vaccine Side Effects vs. Symptoms

This document provides guidance on returning to work by distinguishing between potential side effects of the COVID-19 vaccine and COVID-19 symptoms.

Please note, if you are scheduled for COVID-19 vaccine and become ill enough beforehand to take a sick day, cancel your vaccination appointment. If indicated, complete the online COVID-19 assessment for instructions for testing.

POTENTIAL SIDE EFFECTS

You may experience common side effects after your COVID-19 vaccine. You can return to work even with the following side effects:

24-48 hours following vaccination (per each dose):

- Injection site pain/redness
- Fatigue
- Headache
- Fever
- Chills
- Muscle/Joint Pain
- Diarrhea or Vomiting

Action: You may return to work.

SYMPTOMS

If the potential side effects listed on the left last longer than 48 hours, or you develop any of the symptoms listed below up to 3 days after vaccination, stay home and follow the instructions below:

- Loss of taste or smell
- New cough or shortness of breath
- Runny nose or congestion
- Sore throat
- Common side effects last longer than 48 hours

Action: Do not return to work.
Complete the online COVID-19 assessment and follow instructions for testing or seek virtual/urgent/emergent care as your condition warrants.

- For illness related to other medical conditions you may have, consult your primary care provider or seek urgent/emergent care.
- If you are unsure about returning to work, talk with your manager or contact Employee Health.