

NOVEL CORONAVIRUS (COVID-19) VISITOR POLICY FOR MULTICARE HOSPITALS

To make sure our patients, visitors and staff stay safe while we address the current COVID-19 situation, MultiCare has established visitor restrictions at all our hospitals in Washington state.

Some hospitals may close some entrances to limit the places people can enter the facilities. The hours these entrances are open may also be different than normal. To find out if there are any changes at your hospital, visit the following location pages on the MultiCare Website at www.multicare.org:

- MultiCare Allenmore Hospital
- MultiCare Auburn Medical Center
- MultiCare Covington Medical Center
- MultiCare Good Samaritan Hospital
- Mary Bridge Children's Hospital
- MultiCare Tacoma General Hospital
- MultiCare Deaconess Hospital
- MultiCare Valley Hospital

Screening

- All patients, visitors and caregivers/support people to our hospitals will be screened for symptoms by a staff member at the entrances.
- You may not enter the facility if you have symptoms, unless you are a patient.
- Everyone is required to wear a face mask, unless you have a qualifying health condition. You will be provided with a mask if you arrive without one.
- Please stay six feet away from others whenever possible.

Hospital Visitor Guidelines

- Adult patients may have one visitor or caregiver in a 24-hour period. The visitor or
 - caregiver may change every 24 hours.
- Patients 17 and under may have only the same 1-2 parents/guardians or caregivers during their hospital stay.
- Surgical patients may have only one caregiver or support person accompany them when they arrive for procedures (or two if patients are 17 or under)
- NICU patients will be allowed two visitors or caregivers in a 24-hour period.

- Patients who are at the end of life may have four visitors in a 24-hour period, with two visitors at a time.
- Patients who need a caregiver for safety because of their mental or developmental status or for their disability, such as hearing loss or vision impairment, may have one visitor in addition to their caregiver.
- Patients who require a home caregiver to be trained may have one visitor in addition to the caregiver, for the training session.
- Community-based care providers, who are involved in the care of the patient, may visit for support and care in addition to the patient's one visitor.
- A member of the spiritual community may visit patients in addition to one visitor or caregiver.
- Family Birth Center patients will be allowed two asymptomatic (without symptoms) support people during the labor and birth process. A support person is a spouse or partner, a family member, a friend or a trained doula.
 - The support person must be at least 17 years of age, unless they are the parent of the baby or a significant other.
 - Two hours after delivery only one support person will be able to remain at the bedside. The second person will be required to leave the hospital.
 - The one support person will be the same individual throughout the entire hospital stay
 - Please arrange for care of children, family members and pets in advance so you can focus on your birth and new baby.
- No visitors will be allowed in rooms of patients who have tested positive for COVID-19 or who are being tested for COVID-19, except for:
 - End-of-life patients -- visits limited to an hour and no overnight stays.
 - Children (17 years old or younger) – one parent or guardian at a time with two in 24-hour period
 - COVID-19-positive obstetric patients – permitted one asymptomatic support person and a doula. After delivery the support person may remain at the patient's bedside.
 - Visitors to COVID-19-positive patients or patients suspected of having COVID-19 are required to wear full personal protective equipment (PPE) when in the patient's room. The unit's nursing staff will provide instruction on how to put on and remove the PPE.
 - Remove the PPE when leaving the room, wash hands thoroughly or use hand sanitizer and then directly exit the hospital.

Outpatient Clinics Within Hospital Facilities

- If patients have appointments for an outpatient clinic or service within a hospital facility, they will also be screened before they can enter. If they have symptoms, we will help contact the clinic or service for further instructions.

Valet parking service

- During this time, we will not offer our normal valet parking service at our hospitals. However, staff members will be available at hospital entrances to direct you to parking locations.